



PARENT INFORMATION

ARRIVAL: 10:00am Sat 26th Sep

FINISHES: 1:00pm Sun 27th Sep

Option to join RPAYC club racing from 1pm (FREE)

Royal Prince Alfred Yacht Club, Pittwater



**16 Mitala Street, Newport
(02) 9998 3700**

OPTI CHICKS_x

**RPAYC
2026**



EMERGENCY CONTACTS

Felicity Carlson 0459 655 107

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Marion Nixey 0417 141 717

We're getting very excited to welcome the girls to OptiChicks 2026!

The weekend is all about sailing, friendship, confidence and fun — giving the girls a chance to sail with other girls, and learn from some wonderful female sailors and mentors.

We have a full weekend planned! On Saturday, the girls will spend the afternoon in their Optis, with a mix of training, games and plenty of fun on the water. Our female mentors, many of whom grew up sailing Optis themselves, are now coming back to give something to the next generation. After sailing, we'll head into the evening for dinner and our Women of Sailing panel, followed by a movie night.

Girls staying overnight will sleep in the Pittwater Room at RPAYC. The sleepover is optional. If your daughter isn't staying overnight, please collect her at 7:30pm Saturday, after the Women of Sailing panel and before movie night. Non-sleepover girls can return at 7:00am Sunday to join everyone for breakfast and the second day. Please let us know if your sleepover plans have changed since registration.

On Sunday morning, we'll swap boats and give the girls the opportunity to sail RPAYC's Elliott 7s, followed by lunch, awards and our OptiChicks closing at around 1:00pm. Girls who would like to keep sailing are also invited to stay on and join RPAYC's Sunday afternoon Centreboard Racing — more details below.

And, of course, there'll be plenty happening off the water too — challenges, activities, sailing goals and swag bags.

WOMEN OF SAILING

We're incredibly lucky to have four inspiring women joining us on Saturday evening. We hope their very different journeys will show the girls that there isn't just one pathway through sailing — and you never quite know where it might take you.



Lisa Darmanin – Host

Olympic silver medallist, four-time Australian Female Sailor of the Year and now a familiar face in sailing broadcasting.



Emma Rankin – Speaker

A Pittwater sailor whose journey has taken her from RPAYC Youth Development to world match racing, multihulls and 18ft skiffs.



Katie Spithill – Speaker

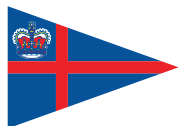
Champion match racer, sailor and long-time mentor and advocate for women in sailing.



Eva Attwood – Speaker

Former Opti sailor who progressed through 29ers, 470s and skiffs and is now campaigning a 49erFX with her sights on Brisbane 2032.

SAIL • MAKE FRIENDS • HAVE FUN • BE INSPIRED



OPTI NSW OPTICHICKS 2026

PROUDLY PRESENTED BY RPAYC AND SUPPORTED BY



A huge thank you to the organisations and businesses supporting OptiNSW OptiChicks 2026 and backing the next generation of female sailors.

STAYING IN TOUCH

We've set up an OptiChicks Parents WhatsApp group for weekend communications, weather updates, last-minute changes and some photo updates.

WhatsApp Group: <https://tinyurl.com/optichicks>



WHAT TO BRING

Please label everything:

- Optimist — unless you have already arranged otherwise with us
- Water bottle
- Sunscreen
- Sailing gear suitable for the conditions, including a PFD, wetsuit/rashie, sailing hat, etc.
- Towel
- Toiletries
- Warm/change of clothes for Saturday evening
- Pyjamas/overnight clothes
- Sleeping bag
- Sleeping mat
- Pillow
- Any personal medication required

CENTREBOARD



WANT TO KEEP RACING ON SUNDAY?

For girls keen to keep sailing on Sunday afternoon, RPAYC has very kindly invited OptiChicks participants to join the **Sunday 27 September Centreboard Club Racing for FREE**. OptiChicks itself finishes at approximately 1:00pm, so this is completely optional and sits outside the weekend program.

SUNDAY RACING:

- 1:00pm** Briefing & launch
- 2:00pm** First warning signal
3 races
- 5:00pm** Free BBQ and presentation at the club

Zhik Centreboard Series 2026/ 2027 - Sunday

Pricing Your Boat Your Information Payment

Select the series below in this season that you wish to enter with your boat.

Membership Status

Division

Block Entries

Casual Entries

Races

Race 4 (27/09/2026)	AUS 0	☒	Race 6 (27/09/2026)	AUS 0	☒
Race 5 (27/09/2026)	AUS 0	☒			

Girls wishing to race need to enter the RPAYC Sunday Centreboard Racing through SailSys beforehand: <https://tinyurl.com/3races>

When entering, choose **Casual Entries** and make sure you select **all three races** on **27 September**. Entry fee should be \$0.



ARRIVING AT RPAYC

BOOM GATES

If the boom gates are closed, press the intercom button and let Reception know you are here for OptiChicks.

OPTI DROP-OFF

Optis can be dropped off in the main car park near the Centreboard Lawn and stored on the lawn for the weekend.

After unloading your Opti and gear, please move your vehicle out of the main car park before registration.

PARKING

Parking is available in the rooftop car park. The entrance ramp is immediately to the right after entering the club grounds.

Additional visitor parking is available in the Crystal Bay car park on Crystal Street, Newport, approximately a 3-minute walk from the clubhouse via the yacht hardstand and connecting footpath.

Please be mindful of our neighbours when parking on surrounding streets and observe all parking signage.

REGISTRATION

After parking, head to the main clubhouse entrance and let Reception know you are here for OptiChicks. They'll direct you upstairs to the Pittwater Room, where we'll be waiting for registration.

Girls staying overnight can also set up their sleeping area at this time.

SIGNING INTO THE CLUB

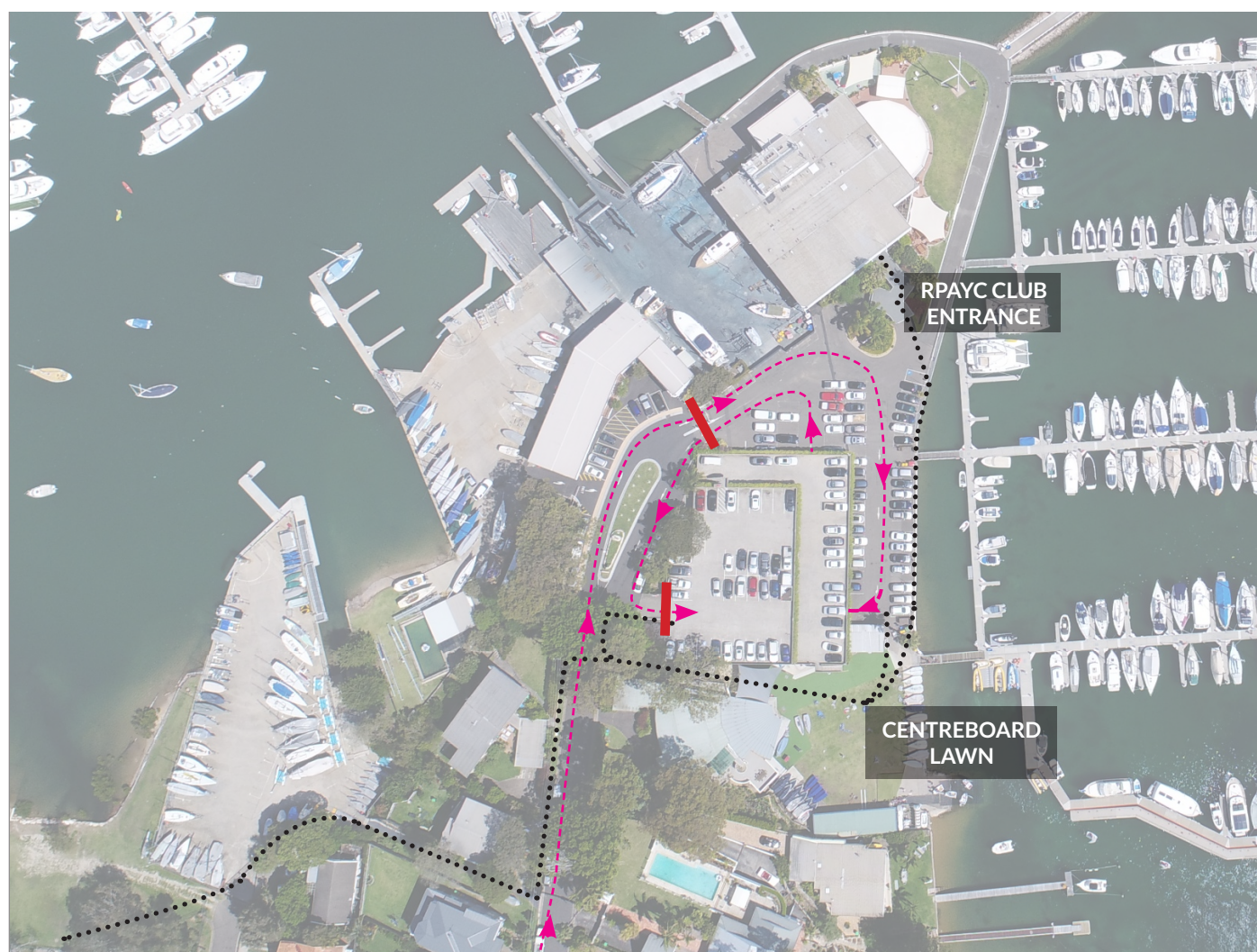
All visitors aged 18 years and over are required to sign in as temporary members when entering the RPAYC Clubhouse. Electronic sign-in is available at Reception.

HALYARDS BAR & BISTRO

Parents and carers are very welcome to stay and enjoy the club after drop-off.

Halyards Bar & Bistro overlooks the marina and Pittwater and is open daily from 8:30am–8:30pm for coffee, meals and drinks.

Please note that RPAYC is a cashless venue.



ROYAL PRINCE ALFRED YACHT CLUB, PITTWATER -16 MITALA STREET, NEWPORT (02) 9998 3700