

**ROYAL PRINCE ALFRED  
YACHT CLUB**

**CENTREBOARD  
SERIES 2026/2027  
Summer Series & Club Championship  
SAILING INSTRUCTIONS**

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**ORGANISING AUTHORITY**

Royal Prince Alfred Yacht Club  
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02 9998 3700  
[sailing@rpayc.com.au](mailto:sailing@rpayc.com.au)



**EVENT WEBSITE**

[www.rpayc.com.au/sailing/centreboard/](http://www.rpayc.com.au/sailing/centreboard/)



The Sailing Instructions shall apply to the Centreboard Summer Series and Club Championship

The Organising Authority (OA) is Royal Prince Alfred Yacht Club (RPAYC).

[NP] The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

[DP] The notation '[DP]' in a rule means that the penalty for breaking that rule is at the discretion of the Protest Committee and may be less than disqualification (DSQ). This changes RRS 60.5.

## 1. RULES

- 1.1 Refer to NoR 1.
- 1.2 The Race Committee shall be represented by the Rear Commodore Centreboard, the Race Officer of the Day and a representative from the Centreboard Committee.

## 2. CHANGES TO THE SAILING INSTRUCTIONS

- 2.1 Changes to the Sailing Instructions will be posted before 0800 hrs on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hrs on the day before it will take effect.
- 2.2 On water changes will as per SI 3.1.

## 3. COMMUNICATIONS WITH COMPETITORS

- 3.1 On water amendments to the NoR / Sailing Instructions for that day or race, may be communicated verbally by the Race Committee. To signal a change the Race Committee shall display flag "3rd Substitute".

## 4. SCHEDULE

- 4.1 See NoR 7
- 4.2 If a round of racing is abandoned, ie. Unsuitable weather, it shall not be rescheduled.

## 5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the Flag Mast on the RPAYC Centreboard lawn.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 5.3 When N over A is displayed ashore; all races for the day are Abandoned, no racing today.

## 6. DIVISIONS & DIVISION FLAGS

- 6.1 Refer to SI Appendix A (Division List & Division Flags).

## 7. COURSES

- 7.1 SI Appendix B (Course Description and Layout) shows the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 7.2 No later than the warning signal, the race committee will display the course number.
- 7.3 Legs of the course will not be changed after the preparatory signal. This changes RRS 33.

## 8. MARKS

- 8.1 The Start Mark will be a **pink** inflatable buoy.
- 8.2 The Finish Mark will be a **chequered black and white** inflatable buoy.
- 8.3 Marks 1 and 3P/3S will be **yellow** inflatable buoys.
- 8.4 Mark 2 will be an **orange** inflatable buoy.



## 9. THE START

- 9.1 The starting line is between the staff on the Race Committee Vessel displaying an **orange flag** and the inflatable 'Start Mark' at the other end of the line.
- 9.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least one minute before a warning signal is made.
- 9.3 A boat starting later than two (2) minutes after her starting signal will be scored DNS. This changes RRS A5.
- 9.4 RRS 26 is amended; the Warning Signal shall be made 3 minutes before the start signal. See table below. Times will be taken from the visual signals and the absence of a sound signal will be disregarded.

| Start Sequence | Flag and sound                                                  | Meaning            |
|----------------|-----------------------------------------------------------------|--------------------|
| 3 minutes      | Division or Class Flag displayed with 1 sound                   | Warning Signal     |
| 2 minutes      | Code flag 'P', 'I', 'U', or a black flag displayed with 1 sound | Preparatory Signal |
| 1 minutes      | Code flag 'P', 'I', 'U', or a black flag removed with 1 sound   |                    |
| 0 minutes      | Division or Class Flag removed with 1 sound                     | Start              |

## 10. THE FINISH

- 10.1 The finish line is between the staff on the Race Committee Vessel displaying a **blue flag** and the inflatable 'Finish Mark' at the other end of the line.

## 11. TIME LIMITS

- 11.1 The *Mark 1 Time Limit*, *Race Time Limit*, and the *Finishing Window* are shown in the table below.

| Mark 1 Time Limit | Race Time Limit | Finishing Window |
|-------------------|-----------------|------------------|
| 20 minutes        | 60 minutes      | 15 minutes       |

- 11.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned (ABN).
- 11.3 The time limit for the first boat in each Class/Division to complete the course and finish correctly will be 60 minutes.
- 11.4 The Finishing Window is the time for boats to finish after the first boat of their Class/Division sails the course and finishes. Boats failing to finish within the Finishing Window, will be scored Did Not Finish (DNF). This changes RRS 35, A4, A5 and A10.

## 12. HEARING REQUESTS

- 12.1 The protest time limit is 60 minutes after the last boat (in that class/division) finishes the last race of the day or the race committee signals no further racing today (whichever is later).
- 12.2 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and location of the hearing.

## 13. SCORING

- 13.1 **Mixed Handicap Divisions:** Results shall be determined by the application of the Yardstick handicap. The boat with the lowest corrected time (after application of scoring penalties, if any) shall be scored first and the other boats scored accordingly.
- 13.2 Where an Australian Sailing OTB Dinghy & Catamaran Yardstick Handicap is not listed, the OA may issue a Yardstick Handicap.



#### 14. SAFETY REGULATIONS

- 14.1 [DP] A boat that retires from a race shall notify the Race Committee at the first reasonable opportunity, leave the course area, and SIGN OFF as soon as possible when ashore.
- 14.2 Each boat's nominated Skipper (or person in charge on behalf of the nominated skipper) shall:
- (a) **SIGN ON**, to confirm a boat's intention to race for each day of racing, before launching.
  - (b) **SIGN OFF**, to confirm a boat has returned to shore, as soon as possible after coming ashore or by the end of the Protest Time Limit (whichever is sooner).
- 14.3 **A boat that fails to Sign On will be scored points equal to that of Disqualification (DSQ)**, without a hearing for all races completed on that day. (This Amends RRS 63.1).
- 14.4 **A boat that fails to Sign Off will be scored points equal to that of a Disqualification (DSQ)**, without a hearing for all races on that day. (This Amends RRS 63.1).
- 14.5 **A boat that fails to display the correct sail number as per their entry data will be scored points equal to that of Did Not Compete (DNC)**, without a hearing for all races held on that day. (This Amends RRS 63.1).
- 14.6 A boat that has not entered, in accordance with the Notice of Race and Sailing Instructions, is not eligible to compete, will not be awarded points and in repeat offences, may have action taken upon them in accordance with the Racing Rules of Sailing.

#### 15. COACHES AND SUPPORT TEAMS [DP]

- 15.1 See NoR Appendix – Support Vessel Regulations.
- 15.2 There may be one (1) or more Official Coach(s) designated by the Organising Authority who may coach any competitors at any time. Coaching of such competitors does not constitute grounds for protest under RRS 41 (Outside Help).
- 15.3 All support teams shall monitor VHF channel 77, or whichever VHF channel the Race Officer nominates for Race Committee communications.
- 15.4 All coaches and support teams shall render assistance when and as directed by the Race Officer.
- 15.5 When the Committee Vessel displays code flag 'W' with one warning sound, all support boats must remain on water and provide safety assistance until such time that code flag 'W' is lowered. The Race Officer will endeavour to notify support boats by radio if code flag 'W' is hoisted or lowered.

#### 16. CODE OF CONDUCT

- 16.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

#### 17. TRASH DISPOSAL

- 17.1 Trash may be placed aboard official support vessels to be disposed of when back ashore.

#### 18. PRIZES

- 18.1 Refer to NoR 19.

#### 19. RISK STATEMENT

- 19.1 Refer to NoR 17.

#### 20. INSURANCE

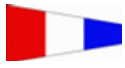
- 20.1 Refer to NoR 18.

## 21. FURTHER INFORMATION

21.1 For further information please contact the RPAYC Sailing Office:

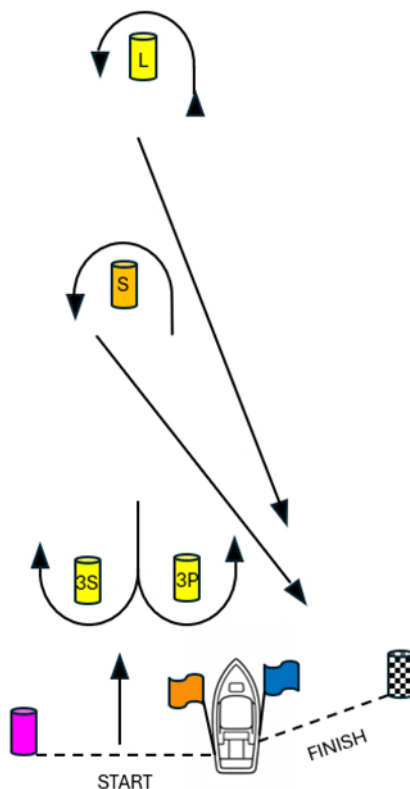
Phone (02) 9998 3761 or email: [sailing@rpayc.com.au](mailto:sailing@rpayc.com.au)

## Appendix A – Division List & Start Flags

| Division / Class | Numeral Pennant / Class Flag |                                                                                     | Division Compositions                                     |
|------------------|------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------------|
| Division 1       | Numeral Pennant 1            |    | Optimist Intermediate                                     |
| Division 2       | Numeral Pennant 2            |    | Optimist Open                                             |
| Division 3       | Numeral Pennant 3            |    | Mixed Junior (MJ, Flying Ant, Pacer, ILCA 4)              |
| Division 4       | Numeral Pennant 4            |    | Mixed Two-Handed (Flying 11, 420, 29er, Skud, etc)        |
| Division 5       | Numeral Pennant 5            |  | Single-Handed (ILCA 6, 7, Finn, Aero, LT Windsurfer, etc) |
| Division 6       | Numeral Pennant 6            |  | Multihull                                                 |
| Division 7       | Numeral Pennant 7            |  | Wasp / Moth                                               |
| Division 8       | Numeral Pennant 8            |  | Spare                                                     |

## Appendix B – Course Description & Layout

(Not to scale)



| Course Configuration                                         | Description |
|--------------------------------------------------------------|-------------|
| <b>Windward / Leeward (W/L) Long (L) Courses</b>             |             |
| <b>Course L1:</b> START – L – FINISH                         | 1 Lap       |
| <b>Course L2:</b> START – L – 3S/3p – L – FINISH             | 2 Laps      |
| <b>Course L3:</b> START – L – 3S/3P – L – 3S/3P – L – FINISH | 3 Laps      |
| <b>Windward / Leeward (W/L) Short (S) Courses</b>            |             |
| <b>Course S1:</b> START – S – FINISH                         | 1 Lap       |
| <b>Course S2:</b> START – S – 3S/3P – S – FINISH             | 2 Laps      |
| <b>Course S3:</b> START – S – 3S/3P – S – 3S/3P – S – FINISH | 3 Laps      |