

**ROYAL PRINCE ALFRED
YACHT CLUB**

CENTREBOARD ICEBREAKER SERIES 2026

SAILING INSTRUCTIONS

Updated : Tuesday 19 May 2026

ORGANISING AUTHORITY

Royal Prince Alfred Yacht Club
16 Mitala St, Newport 2106
02 9998 3700
sailing@rpayc.com.au



EVENT WEBSITE

www.rpayc.com.au/sailing/centreboard/



The Organising Authority (OA) is Royal Prince Alfred Yacht Club (RPAYC).

[NP] The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

[DP] The notation '[DP]' in a rule means that the penalty for breaking that rule is at the discretion of the Protest Committee and may be less than disqualification (DSQ). This changes RRS 60.5.

1. RULES

1.1 Refer to NoR 1.

1.2 The Race Committee shall be represented by the Rear Commodore Centreboard, the Race Officer of the Day and a representative from the Centreboard Committee.

2. CHANGES TO THE SAILING INSTRUCTIONS

2.1 Changes to the Sailing Instructions will be posted before 0800 hrs on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hrs on the day before it will take effect.

2.2 On water changes will as per SI 3.1.

3. COMMUNICATIONS WITH COMPETITORS

3.1 On water amendments to the NoR / Sailing Instructions for that day or race, may be communicated verbally by the Race Committee. The Race Committee Vessel shall display flag "3rd Substitute" to indicate an amendment has been made. Such changes may be made up to the warning signal of a race.

4. SCHEDULE

4.1 See NoR 7

4.2 If a round of racing is abandoned, ie. Unsuitable weather, it shall not be rescheduled.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at the Flag Mast on the RPAYC Centreboard lawn.

5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

5.3 When N over A is displayed ashore; all races for the day are Abandoned, no racing today.

6. DIVISIONS & DIVISION FLAGS

6.1 Refer to SI Appendix A (Division List & Division Flags).

7. COURSES

7.1 SI Appendix B (Course Description & Layout) shows the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.

7.2 No later than the warning signal, the race committee signal vessel will display the course number.

7.3 Legs of the course will not be changed after the preparatory signal. This changes RRS 33.

8. MARKS

8.1 The Start Mark will be a **pink** inflatable buoy.

8.2 The Finish Mark will be a **chequered black and white** inflatable buoy.

8.3 Marks 1 and 3P/3S will be **yellow** inflatable buoys.

8.4 Mark 2 will be an **orange** inflatable buoy.



9. THE START

- 9.1 The starting line is between the staff on the Race Committee Vessel displaying an **orange flag** and the inflatable 'Start Mark' at the other end of the line.
- 9.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 9.3 A boat starting later than two (2) minutes after her starting signal will be scored DNS. This changes RRS A5.
- 9.4 Races will be started using a three-minute sequence. This amends RRS 26. The below table shows the start sequence and signals. Times will be taken from the visual signals and the absence of a sound signal will be disregarded.

Start Sequence	Flag and sound	Meaning
3 minutes	Division or Class Flag displayed with 1 sound	Warning Signal
2 minutes	Code flag 'P', 'I', 'U', or a black flag displayed with 1 sound	Preparatory Signal
1 minutes	Code flag 'P', 'I', 'U', or a black flag removed with 1 sound	
0 minutes	Division or Class Flag removed with 1 sound	Start

10. THE FINISH

- 10.1 The finish line is between the staff on the Race Committee Vessel displaying a **blue flag** and the inflatable 'Finish Mark' at the other end of the line.

11. TIME LIMITS

- 11.1 The *Mark 1 Time Limit*, *Race Time Limit*, and the *Finishing Window* are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window
20 minutes (see SI 10.2)	60 minutes (See SI 10.3)	15 minutes (see SI 1.4)

- 11.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned (ABN).
- 11.3 The time limit for the first boat in each Class/Division to complete the course and finish correctly will be 60 minutes.
- 11.4 The Finishing Window is the time for boats to finish after the first boat of their Class/Division sails the course and finishes. Boats failing to finish within the Finishing Window, will be scored Did Not Finish (DNF). This changes RRS 35, A4, A5 and A10.

12. HEARING REQUESTS

- 12.1 The protest time limit is 60 minutes after the last boat (in that class/division) finishes the last race of the day or if the race committee signals no further racing today (whichever is later).
- 12.2 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and location of the hearing.

13. SCORING

- 13.1 **Mixed Handicap Divisions:** Results shall be determined by the application of the Yardstick handicap. The boat with the lowest corrected time (after application of scoring penalties, if any) shall be scored first and the other boats scored accordingly.
- 13.2 Where an Australian Sailing OTB Dinghy & Catamaran Yardstick Handicap is not listed, the OA may issue a Yardstick Handicap.



14. SAFETY REGULATIONS

- 14.1 [DP] A boat that retires from a race shall notify the Race Committee at the first reasonable opportunity, leave the course area, and SIGN OFF as soon as possible when ashore.
- 14.2 Each boat's nominated Skipper (or person in charge on behalf of the nominated skipper) shall:
- (a) **SIGN ON**, to confirm a boat's intention to race for each day of racing, before launching.
 - (b) **SIGN OFF**, to confirm a boat has returned to shore, as soon as possible after coming ashore or by the end of the Protest Time Limit (whichever is sooner).
- 14.3 **A boat that fails to Sign On will be scored points equal to that of Disqualification (DSQ)**, without a hearing for all races completed on that day. (This Amends RRS 63.1).
- 14.4 **A boat that fails to Sign Off will be scored points equal to that of a Disqualification (DSQ)**, without a hearing for all races on that day. (This Amends RRS 63.1).
- 14.5 **A boat that fails to display the correct sail number as per their entry data will be scored points equal to that of Did Not Compete (DNC)**, without a hearing for all races held on that day. (This Amends RRS 63.1).
- 14.6 A boat that has not entered, in accordance with the Notice of Race and Sailing Instructions, is not eligible to compete, will not be awarded points and in repeat offences, may have action taken upon them in accordance with the Racing Rules of Sailing.

15. COACHES AND SUPPORT TEAMS [DP]

- 15.1 Only persons approved by the OA may coach competitors.
- 15.2 There may be one (1) or more Official Coach(s) designated by the Organising Authority who may coach any competitors at any time. Coaching of such competitors does not constitute grounds for protest under RRS 41 (Outside Help).
- 15.3 Team leaders, parents, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 15.4 All support teams shall monitor VHF channel 77, or whichever VHF channel the Race Officer nominates for Race Committee communications.
- 15.5 All coaches and support teams shall render assistance when and as directed by the Race Officer.
- 15.6 When the Committee Vessel displays code flag 'W' with one warning sound, all support boats must remain on water and provide safety assistance until such time that code flag 'W' is lowered. The Race Officer will endeavour to notify support boats by radio if code flag 'W' is hoisted or lowered.

16. CODE OF CONDUCT

- 16.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

17. TRASH DISPOSAL

- 17.1 Trash may be placed aboard official support vessels to be disposed of when back ashore.

18. PRIZES

- 18.1 Refer to NoR 19.

19. RISK STATEMENT

- 19.1 Refer to NoR 17.

20. INSURANCE

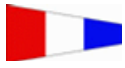
- 20.1 Refer to NoR 18.

21. FURTHER INFORMATION

21.1 For further information please contact the RPAYC Sailing Office:

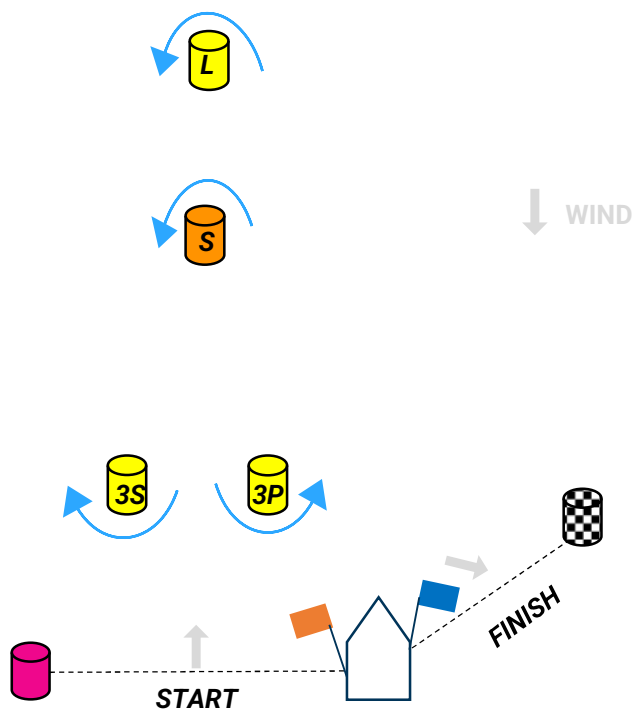
Phone (02) 9998 3761 or email: sailing@rpayc.com.au

Appendix A – Division List & Start Flags

Division / Class	Numeral Pennant / Class Flag		Division Compositions
Division 1	Numeral Pennant 1		Optimist Intermediate
Division 2	Numeral Pennant 2		Optimist Open
Division 3	Numeral Pennant 3		Mixed Junior (MJ, Flying Ant, Pacer)
Division 4	Numeral Pennant 4		Mixed Two-Handed (Flying 11, 420, 29er, Skud, etc)
Division 5	Numeral Pennant 5		Single-Handed (ILCA 4, 6, 7, Finn, Aero, LT Windsurfer, etc)
Division 6	Numeral Pennant 6		Multihull
Division 7	Numeral Pennant 7		Waszp / Moth
Division 8	Numeral Pennant 8		Spare

Appendix B – Course Description & Layout

(Not to scale)



Course Configuration	Description
Windward / Leeward (W/L) Long (L) Courses	
Course L1: START – L – 3P – FINISH	1 Lap
Course L2: START – L – 3S/3p – L – 3P – FINISH	2 Laps
Course L3: START – L – 3S/3P – L – 3S/3P – L – 3P – FINISH	3 Laps
Windward / Leeward (W/L) Short (S) Courses	
Course S1: START – S – 3P – FINISH	1 Lap
Course S2: START – S – 3S/3P – S – 3P – FINISH	2 Laps
Course S3: START – S – 3S/3P – S – 3S/3P – S – 3P – FINISH	3 Laps