



Whitsunday Cruise 2022
Provisioning, Hunting and Gathering

May 2022 – November 2022

Agenda

Rendezvous	9:00 – 9:30
Navigation	9:30 – 10:30
Coffee Break and Discussion	10:30 – 11:00
Engine and Electrical	11:00 – 11:30
Communications	11:30 – 12:00
Provisioning, Hunting and Gathering	12:00 – 12:20
Seamanship	12:20 – 12:40
Panel Q&A and lunch	12:40 – 1:00



Provisioning

- Plan meals but be flexible
- Decide how long you want to provision for
- How much cold storage do you have (fridge / freezer)
- Mainland shopping is cheaper than islands
- Take bags with you
- A shopping trolley is useful if you are going by public transport
- On a long coastal cruise you probably are not going to want to have a BBQ every day
- Pre-prepared meals are excellent after a long day or in poor weather
- A pressure cooker / slow cooker allows meals to be prepared quickly



Hunting and Gathering



Coconuts



Oysters



Fish



Squid



Crabs



Beware of Danger



Regulations

Coconuts

A tender young green coconut is deemed to be nature's healthy tonic - a perfect sports drink that is very high in minerals

BUT

Beware !!! 250 people are killed each year from falling coconuts



How do you get them down?



Climbing is not recommended



Battery drill and a straw is best

Oysters

Oysters are great nutritional value.

An excellent source of zinc, iron, calcium, selenium and vitamin A





Not Recommended

Recommended

Beware: Oysters are razor sharp

Where To Find Oysters

Most Islands

Rocky Headlands

Low tide when rocks are exposed



Fish- How do you catch them?

Trolling while on passage

- Pelagics – Tuna, mackerel, mahi mahi

From the dinghy using lures and bait

- Reef Fish – Coral trout, Stripey perch

From the yacht while on anchor or in the dinghy

- Estuary Fish – Bream, flathead, barramundi, estuary cod





Best Set Up for Pelagics - Alvey reel attached to the back rail



Best Lures – Deep Divers and Christmas Tree Lures



Mahi Mahi



Blue Fin Tuna



Yellow Fin Tuna

Filleting





Yellow Fin - Sashimi

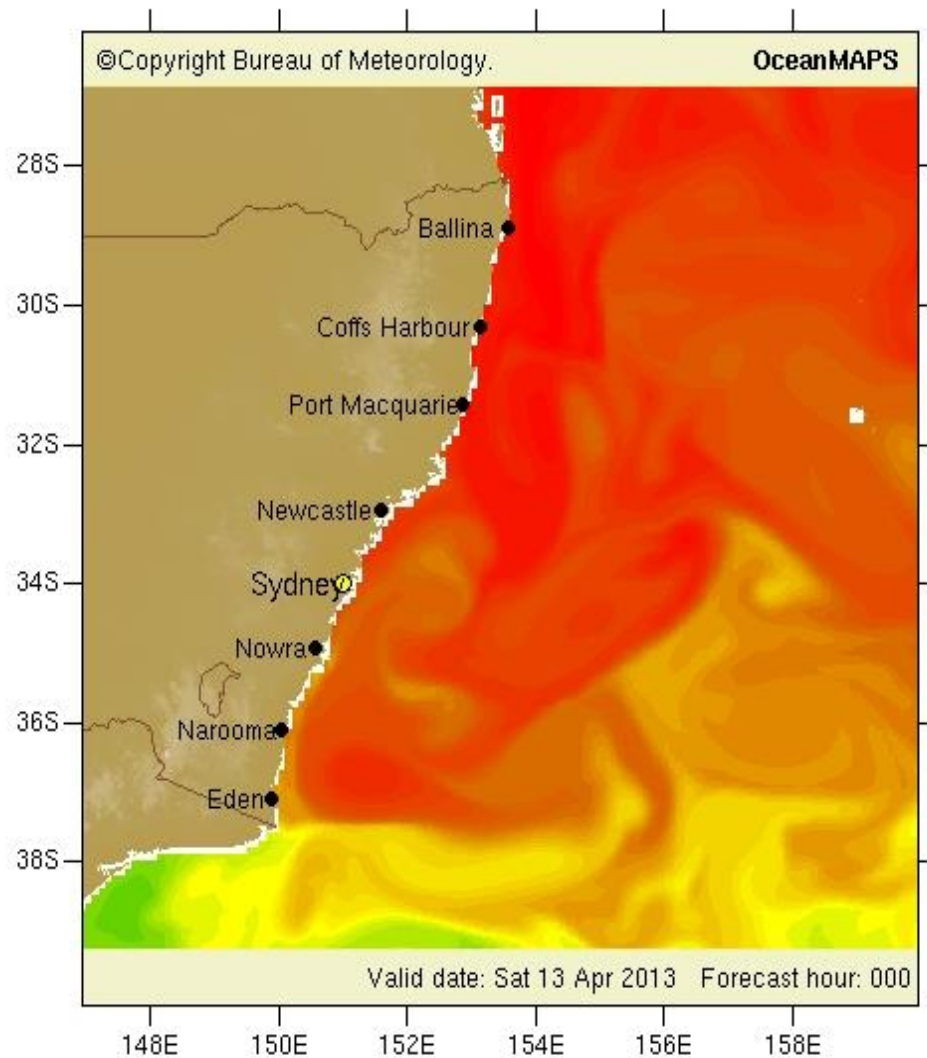


Towing Spotted mackerel after bleeding





Can get messy!!!



Reef Fish



Coral Trout



Estuary Cod



Stripey Perch





The shark ate my dinner!!

Squid

To catch Squid you will need a squid jig



How to catch Squid

<http://www.youtube.com/watch?v=fO58SQQ66Ho>

<http://www.youtube.com/watch?v=5ven1qNHmrl&feature=fvwp>

Crabs

You will need the following

- Crab trap
- Nylon rope
- Float
- Bait Holder



Tie bait in bottom centre of pot



Set crab traps up creek near mangroves close to bank



How to tell the difference between a male and female - The male is on top



<http://dreamfish.com.au/wordpress/how-to-articles/how-to-clean-and-cook-mudcrabs-and-blue-swimmers/>

Expect the unexpected



Beware of Danger

Hooks

Fish Spikes

Poisonous Fish

Man Overboard

Watch where you are going

Crocodiles



Beware of hooks





“Happy Moments “ - Smudgespot Spinefoot

Stingray



Man Overboard



Watch Where Your Going



Crocodiles



Know the Regulations

NSW – Fishing License, Species, Bag limits, Boat Limits, Marine Parks

<http://www.dpi.nsw.gov.au/fisheries/recreational/regulations>

QLD - No fishing license required. Marine Parks, Bag Limits, Boat limits and regulations keeping catch on board.

<https://www.daf.qld.gov.au/fisheries/recreational/rules-regulations>

